

## Breakfast 1st March 2022

Orange Detox; freshly squeezed apple, carrot orange & ginger juice 4.95 Red Booster; freshly squeezed apple, beetroot, lemon & ginger 4.95 Fresh orange juice 3.95 apple and ginger shot 3.00

Pain au Chocolate 2.50

Apple crumble or chocolate muffins 2.85
toast with marmalade 3.50
porridge with banana & granola 6.50 (v)(n)
greek youghurt with poached Yorkshire rhubarb & granola 6.95 (gf)(n)
sausage or bacon sandwich 5.50 add egg 1.00
scrambled or poached eggs on granary or sourdough toast 5.95
add Bacon 2.50 chorizo 2.75 field mushrooms 2.50 smoked salmon 4.00
smashed avocado, chilli and lime on sour dough toast with poached egg & toasted seeds 7.50
add Bacon 2.50 chorizo 2.75 field mushrooms 2.50 smoked salmon 4.00
saute field mushrooms on toast 6.50 (v)

cappucino 3.05 large cappuccino 3.75
Latte 3.05 Large latte 3.75
flat white 3.45
espresso 2.50 double espresso 2.95
macchiato 2.50 large macchiato 3.75
teas 2.50
fresh mint tea 3.00
mocha 3.25
hot chocolate 3.50

oat, soya almond milk add 50p

(n) contains nuts, (gf) gluten free (v) vegan